

**JEREMY B. CLORFENE, PH.D.**

**Curriculum Vitae**

**Office Address**

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**EDUCATION**

- December, 2000**      **Illinois Institute of Technology, Chicago, Illinois**  
Ph.D. in Clinical / Rehabilitation Psychology  
Dissertation: “The Activity Importance Measure (AIM): A New Measure  
Assessing Daily Activity Levels for People with Chronic Pain.”
- July, 1993**      **University of Illinois at Chicago, Chicago, Illinois**  
M.S. in Biological Sciences (Neurobiology)  
Thesis: “Survival of Late-Generated Cells in the Lateral Motor Columns of  
Larval *Rana Pipiens* Spinal Cord.”
- December, 1988**      **Miami University (Ohio), Oxford, Ohio**  
B.S. in Zoology
- January, 2002**      **License:** Clinical Psychologist, Illinois #071-006349

**PROFESSIONAL EXPERIENCE**

**Licensed Clinical Psychologist – Private Practice**

Office locations in Vernon Hills and Libertyville

July, 2002 – present

- Conduct evaluation and interventions for outpatients diagnosed with mood disorders, anxiety disorders, heart disease, weight and stress management, and smoking cessation.
- Coordinate outpatient services with numerous physicians which include internists, cardiologists, and surgeons.

**Additional Clinical:**

(2003- present)

- Lead Psychologist Services for the Advocate Condell Weight Management Treatment Program (2002 – 2011)
- Head psychologist for Advocate Medical Center’s Phase II Cardiac Rehabilitation program.

**Post-Doctoral Fellow and Instructor**

Department of Psychology, Rush-Presbyterian-St. Luke’s Medical Center,  
Chicago, Illinois 60612, July, 2000 – 2002

- Coordinate outpatient psychotherapy services for the Department of Psychology.
- Conduct evaluation and interventions for outpatients diagnosed with mood disorders, anxiety disorders, chronic pain, and physical disabilities.
- Developed and manage outpatient chronic pain program for individuals with fibromyalgia and RA.
- Provide inpatient consultation to physicians and cognitive/behavioral therapy for cardiology, OBGYN, and critical care patients.

### **Clinical Psychology Intern (Health Psychology)**

Rush-Presbyterian-St. Luke's Medical Center, Chicago, Illinois, July, 1999 – June, 2000

Rotations in *Rehabilitation/Geropsychology, Sleep Disorders Service, Psychosocial Oncology, General/Medical Outpatient Psychotherapy.*

- Provided inpatient and outpatient assessment, treatment, and consultation for diverse medical populations in numerous medical clinics.
- Assessed patient's cognitive and psychological status and provided tailored treatment to treat depression, anxiety, sleep disorders, ineffective pain management, nausea, non-compliance, obesity, heart failure, personality disorders, and disease-specific quality of life concerns.

### **Research Associate**

Rehabilitation Institute of Chicago (RIC), Chicago, Illinois, October, 1997 – present

- Conduct extensive phone interviews, data entry and analysis, assist in writing of manuscripts and presentations for a NIH funded neuropsychological-outcome project with stroke patients.

### **Clinical Psychology Extern**

Pain and Rehabilitation Clinic of Chicago, Chicago, Illinois, June, 1998 – June, 1999

- Conducted psychosocial pain evaluations, psychological testing, individual and group therapy with chronic pain patients with comorbid depression, anxiety, personality disorders. Techniques were cognitive-behavioral and biofeedback, and led numerous therapy groups.

Lakeside and West Side Veterans Affairs Medical Center, Chicago, Illinois, July, 1997 – June, 1998

- Provided individual and group therapy, and conducted personality / neuropsychological assessment with veterans in an outpatient substance abuse, mental health, and medical clinics.

Pilsen Little-Village Community Mental Health Center, Chicago, Illinois, September, 1996 – May, 1997

- Provided assessment, psychotherapy, and case management in an outpatient mental health center with an adult population diagnosed with Axis I and II disorders.

### **Behavior Specialist**

Illinois Masonic Medical Center, Chicago, Illinois, June, 1996 – June, 1997

- Provided in-home visits training parents and families with behavior problem children (ADHD, MR, MI, & Autism) in behavior management techniques.

### **Vocational Counselor**

Thresholds - Psychiatric Rehabilitation Agency, Chicago, Illinois, August, 1993 – July, 1995

- Provided counseling in a psychosocial rehabilitation agency working with an adult population of chronic mentally ill: individual counseling, led groups, job development, and job coaching.

## PUBLICATIONS

Okner, J., & **Clorfene, J.** (2009). The No Bull Book on Heart Disease: Real Answers to Winning Back Your Heart and Health. Sterling Publishing: New York.

Larson, E.B., Kirschner, K., Bode, R.K., Heinemann, A.W., **Clorfene, J.B.**, & Goodman, R. (2003). Brief cognitive assessment and prediction of functional outcome in stroke. Topics in Stroke Rehabilitation, 9(4), 10-21.

**Clorfene, J.B.**, Matsumoto, J., Bergman, M., Zhang, M., & Merbitz, C. (1998). Unexpected effects of using SAFMEDS (acronym - say, all, fast, minute, each, day, shuffled) to teach taxonomy. Precision Teaching and Celeration, Vol. XV (2), 28-33.

**Clorfene, J.B.**, & Pollack, E.D. (1994). Late-generated cells in the lateral motor columns of developing frog spinal cord. Developmental Brain Research, 79, 93-100.

### In Preparation for Publications

**Clorfene, J.B.**, & Merbitz, C. (in preparation). Development of the Activity Importance Measure: A new measure assessing daily activities for chronic pain sufferers.

**Clorfene, J.B.**, Merbitz, C., & Hansen, N. (in preparation). A comparison between self-report of daily activities using frequency data vs. ordinal/rating data.

Merbitz, C.T., **Clorfene, J.B.**, Morrell, R., Pennypacker, H.S., & Lindsley, O.R. (in preparation). Change chart instructional manual. Unpublished draft, Illinois Institute of Technology.

### PUBLISHED ABSTRACT

Gagnon, C.M., Lofland, K.R., Rokicki, L.A., **Clorfene, J.B.**, Bernardin, III, G.A., O'Connor, Jr., E.A., & Bruehl, S. (1999). Chronic daily headache versus episodic headache in a large community-based sample. Headache, Vol. 39, No. 5, 355.

### PRESENTATIONS

**Clorfene, J.B.**, Bergman, M.A., Gagnon, C.M., Bernardin, III, G.A., O'Connor, Jr., E.A., Lofland, K.R., & Blonsky, E.R. (2000, July). The role of stress when reported as a cause of headache in relation to depression and disability. Poster session presented at the annual meeting of the XXVII International Congress of Psychology, Stockholm, Sweden.

Bergman, M.A., **Clorfene, J.B.**, Gagnon, C.M., Bernardin, III, G.A., Rokicki, L.A., Semenchuk, E.M., O'Connor, Jr., E.A., & Lofland, K.R. (2000, March). Inadequate identification of depression in patients suffering from headache. Poster session presented at the annual meeting of the Midwest Pain Society, Chicago.

**Clorfene, J.B.**, Gagnon, C.M., Bernardin, III, G.A., O'Connor, Jr., E.A., Lofland, K.R., & Blonsky, E.R. (1999, March). The relationship between stress, headache, and psychological distress. Poster session presented at the annual meeting of the Midwest Pain Society, Chicago.

### PRESENTATIONS (continued)

Larson, E.B., **Clorfene, J.B.**, & Kirschner, K.L. (1999, February). Brief neurocognitive testing and prediction of outcome in stroke patients. Paper presented at the Annual Meeting of International Neuropsychological Society, Boston.

Larson, E.B., **Clorfene, J.B.**, & Kirschner, K.L. (1998, May). Neuropsychological screening and prediction of outcome in stroke patients. Paper presented at the Annual Meeting of the Midwest Neuropsychological Group, Milwaukee, Wisconsin.

**Clorfene, J.**, Bergman, M., Hansen, N. & Merbitz, C. (1998, May). Selectionistic clinical decision cycle: A behavioral model. Poster presented at the Annual Meeting of Association for Behavior Analysis (ABA). Orlando, FL.

**Clorfene, J.**, Matsumoto, J., Bergman, M., Zhang, M., & Merbitz, C. (1997, October). Unexpected effects of using SAFMEDS to teach taxonomy. Poster presented at the Annual Meeting of the Precision Teaching Conference: Hartford, CT.

**Clorfene, J.**, Merbitz, C. (1997, May). Component skills for reading and plotting Change Charts in elementary schools. Poster presented at the Annual Meeting of the Association for Behavior Analysis (ABA). Chicago, IL.

Zinn, M., **Clorfene, J.**, Bergman, M, & Merbitz, C. (1997, May). Repetitive strain disorder in typists: A preventative technique using EMG biofeedback. Poster session presented at the Annual Meeting of Association for Behavior Analysis (ABA). Chicago, IL.

**Clorfene, J.**, Wolfe, P., Kalpakjian, C., Peters, J., Kevo, H., & Merbitz, C. (1996, May). Effectiveness of multiply charts and equal interval charts for assessing learning in academic sprints. Poster session presented at the Annual Meeting of the Association for Behavior Analysis (ABA). San Francisco, CA.

UIC Graduate Students (**Clorfene, J.** presenter), Twombly, D.A., & Colbern, D.L. (1992, October). Kids judge! Neuroscience exhibit. Poster presented at the Annual Meeting of the Society for Neuroscience, Anaheim, CA.

## TEACHING, SUPERVISORY, AND RESEARCH EXPERIENCE

### Supervision

Rush Medical Center, Chicago, Illinois, February, 2002 – present

- Provided supervision to pre-doctoral intern for outpatient psychotherapy rotation: one-on-one mentoring, development of therapy skills, ethical issues, and overall professional conduct during internship training.

Illinois Institute of Technology, Chicago, Illinois, January, 1998 – May, 1999

- Provided supervision to Masters level students in rehabilitation counseling: one-on-one mentoring, development of counseling skills, ethical issues, program/agency issues, and overall professional conduct during their externship training.

### Teaching

Illinois Institute of Technology, Chicago, Illinois, August, 1998 – May, 1999.

- Courses: Psychological Assessment (PSYC 510, 512). WAIS-III, WISC-III, WMS-III, MMPI, Rorschach, and TAT.

Illinois Institute of Technology, Chicago, Illinois, January, 1997 – May, 1997.

- Course: Psychosocial aspects of disability and behavior

University of Illinois at Chicago, Department of Biological Science, August, 1990 – May 1993.

- Courses: Human Physiology/Anatomy, Vertebrate Embryology, and Introductory Biology

### **Instruction**

Illinois Institute of Technology & Chicago public schools, September, 1996 – June, 1997

- Trained grade school principals and teachers how to use a unique measurement tool called ‘Change Chart’. Assisted teachers in curriculum development and classroom management.

### **Research**

Rush-Presbyterian-St. Lukes Medical Center, Chicago, Illinois, January, 2001 – present

- Pilot Project: Effects of CBT on fibromyalgia – associated chronic pain. Subjects: Patients seen in a rheumatology practice. Project status: Collecting pre-post pilot data

Rehabilitation Institute of Chicago (RIC), Chicago, Illinois, August, 1997 – present

- Neuropsychological/outcome research project with stroke patients. Data collection, analysis, write-up for manuscripts, and presentations.

Rehabilitation Institute of Chicago (RIC), Chicago, Illinois

Pain and Rehabilitation Clinic of Chicago (PRCC), Chicago, Illinois

Center for Pain Control (CPC), Libertyville, Illinois, August, 1998 – December, 2000

- Development of a ratio quality self-report measure (frequency data) of daily activities for disabled populations (e.g., chronic pain, stroke, spinal cord).

Pain and Rehabilitation Clinic of Chicago (PRCC), Chicago, Illinois, August, 1998 – July, 2000

- Participating in numerous projects from data collected on 600+ subjects suffering from chronic headache pain.

Illinois Institute of Technology, Chicago, Illinois, January, 1997 – June, 1997

- Evaluation of a new measurement tool called "Change Charts" and "Practice Charts" deployed by a sixth grade biology teacher to assess student learning.
- Data was collected on the effectiveness of a self-instructional manual for the Change Chart. A recursive strategy was used to understanding the Chart’s components to fluency.

Illinois Institute of Technology, Chicago, Illinois, May, 1996 – August, 1996

- Completed working on a project titled “Patient involvement satisfaction and behavior during primary care initial visits”. Performed behavior analysis of videotaped patient-doctor interaction.

University of Illinois/Chicago, Chicago, Illinois, September, 1990 – May, 1993

- Master’s thesis in developmental neurobiology. Fertilized and raised 100 tadpole embryos, then properly staged, and dissected spinal cords for histological presentation. Employed immunochemical techniques as a staining procedure to prepare the slides for data collection and analysis.

### **HONORS & AWARDS**

Dissertation Oral Defense passed with Distinction (November, 2000)

Illinois Institute of Technology’s Doctoral Candidacy Exam passed with Honors (March, 1997)

Teaching Assistantships (1998-99)

Department of Psychology Rehabilitation Training Grant Award (1996-97)  
Dean's List, Miami University (1985, 1987, 1988)

**PROFESSIONAL ORGANIZATIONS**

American Psychological Association

**REFERENCES**

Available upon request